



**YSM Institute of Yoga &
Research Foundation**
Abode of Health, Healing and Spiritual Harmony
(CIN : U85100MH2019MPL320046)

Admin Address: Shree Gajanan Maharaj Mandir, Plot No. 17, Sector 29, Nerul(E)
Regd. Address: B-302, Akash Leela CHS, Plot No. 156 to 158, Sec - 21, Nerul(E)

**CERTIFICATE COURSE OF
PRE AND POST NATAL YOGA**

Proudly presented to

Asfu Gupta

For successfully completing the above Teachers Training course conducted by

Dr. Sharvari Abhyankar in collaboration with Yoga study circle from

12th November to 14th December 2019

Chairman
YSM Institute of Yoga &
Research Foundation



SA
Course Conductor
(Dr. Sharvari Abhyankar)